



# WELCOME

Carlyle Chiropractic Clinic, P.C.

Date: \_\_\_\_\_ Legal Name: \_\_\_\_\_ Nick Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Social Security # \_\_\_\_\_ Sex: F  M  Employer: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

E-mail: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Telephone Number(s): Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Business: \_\_\_\_\_

Patient Status:  Single  Married  Widowed  Separated  Divorced  Other

Referred By: \_\_\_\_\_ Have you ever seen a chiropractor?  Yes  No

**Please complete the following questions to the best of your ability:**

What brings you to the clinic? \_\_\_\_\_

What caused your condition? \_\_\_\_\_

What makes it better? \_\_\_\_\_ What makes it worse? \_\_\_\_\_

Have you seen any other doctors for this condition? \_\_\_\_\_ Did it help? \_\_\_\_\_

Are there any complicating factors? (Surgeries, medications, injuries) \_\_\_\_\_

Are you healthier now than you were 5-years ago? \_\_\_\_\_

Has a doctor ever put you on a Wellness Program? \_\_\_\_\_

**Please mark the intensity of your pain today.**

0 - NO PAIN

10 - INTENSE PAIN

Example \_\_\_\_\_ Neck \_\_\_\_\_

|   |   |   |   |   |   |   |   |   |   |    |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---|---|---|---|---|---|---|---|---|---|----|

1. \_\_\_\_\_

|   |   |   |   |   |   |   |   |   |   |    |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---|---|---|---|---|---|---|---|---|---|----|

2. \_\_\_\_\_

|   |   |   |   |   |   |   |   |   |   |    |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---|---|---|---|---|---|---|---|---|---|----|

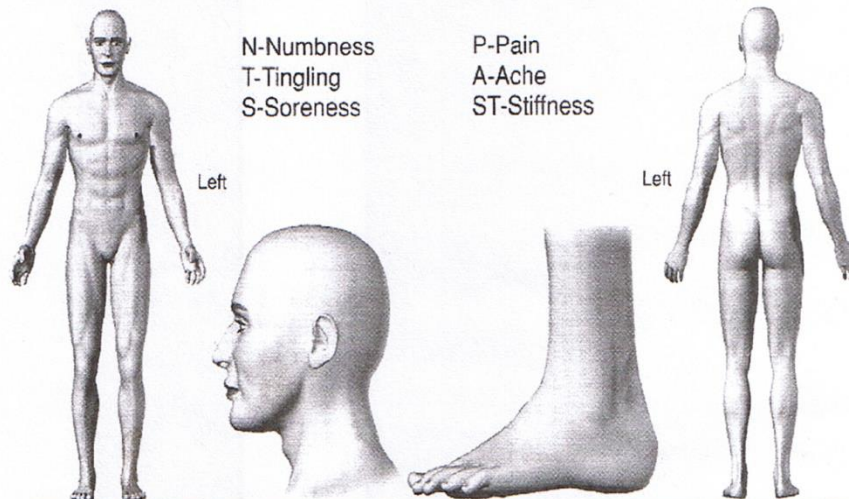
3. \_\_\_\_\_

|   |   |   |   |   |   |   |   |   |   |    |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---|---|---|---|---|---|---|---|---|---|----|

**DOCTORS USE ONLY**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Please mark area & type of pain on the drawings using the codes listed below.**



**Please Complete Reverse Side**

**Please “X” all symptoms that you have had, even if they do not seem related to your current problem.**

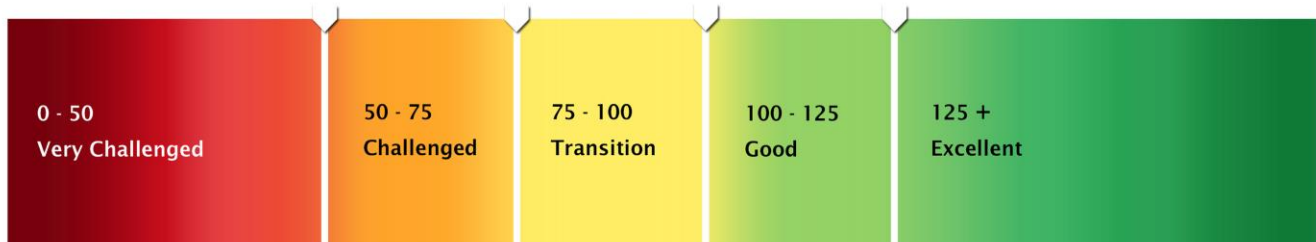
- |   |   |  |  |   |
|---|---|--|--|---|
| <input type="checkbox"/> Acne                         | <input type="checkbox"/> Chronic Sore Throats   | <input type="checkbox"/> Headaches                               | <input type="checkbox"/> Low Energy                        | <input type="checkbox"/> Sleep Disorder   |
| <input type="checkbox"/> Alcohol Consumption          | <input type="checkbox"/> Circulation ( <i>poor</i> )  | <input type="checkbox"/> Heart Attack                            | <input type="checkbox"/> Lupus                             | <input type="checkbox"/> Smoking/How Much_____  |
| <input type="checkbox"/> Allergies*                   | <input type="checkbox"/> Colitis  | <input type="checkbox"/> Heart Disease                           | <input type="checkbox"/> Menopausal                        | <input type="checkbox"/> Spasms   |
| <input type="checkbox"/> Alzheimer’s Disease          | <input type="checkbox"/> Congestive Heart Failure   | <input type="checkbox"/> Heartburn                               | <input type="checkbox"/> Menstrual                         | <input type="checkbox"/> Stress Levels <input type="checkbox"/> _Low <input type="checkbox"/> _Med <input type="checkbox"/> _High |
| <input type="checkbox"/> Anemia                       | <input type="checkbox"/> Constipation   | <input type="checkbox"/> Hepatitis                               | <input type="checkbox"/> Migraines                         | <input type="checkbox"/> Stretch Marks  |
| <input type="checkbox"/> Anxiety                      | <input type="checkbox"/> Crohn’s Disease  | <input type="checkbox"/> Hernia                                  | <input type="checkbox"/> Mood Swings                       | <input type="checkbox"/> Thyroid  |
| <input type="checkbox"/> Arthritis                    | <input type="checkbox"/> Depression   | <input type="checkbox"/> Hiatus-Hernia                           | <input type="checkbox"/> Multiple Sclerosis                | <input type="checkbox"/> Ulcers   |
| <input type="checkbox"/> Asthma                       | <input type="checkbox"/> Dermatitis   | <input type="checkbox"/> High Blood Pressure                     | <input type="checkbox"/> Muscle-Tension                    | <input type="checkbox"/> Unhealthy Gums   |
| <input type="checkbox"/> Back Pain                    | <input type="checkbox"/> Diabetes <input type="checkbox"/> _Type 1 or <input type="checkbox"/> _Type2 | <input type="checkbox"/> High Cholesterol                        | <input type="checkbox"/> Nursing Mothers                   | <input type="checkbox"/> Varicose-Veins   |
| <input type="checkbox"/> Bladder Infections           | <input type="checkbox"/> Digestive Problems   | <input type="checkbox"/> High Triglycerides                      | <input type="checkbox"/> Osteoporosis                      | <input type="checkbox"/> Water Retention/Bloating   |
| <input type="checkbox"/> Bronchitis                   | <input type="checkbox"/> Diverticulitis   | <input type="checkbox"/> Hormone Imbalance                       | <input type="checkbox"/> Pain                              | <input type="checkbox"/> Weak Immune System   |
| <input type="checkbox"/> Bruise Easily                | <input type="checkbox"/> Dry Skin   | <input type="checkbox"/> Hot Flashes                             | <input type="checkbox"/> PMS                               | <input type="checkbox"/> Wrinkles   |
| <input type="checkbox"/> Burns                        | <input type="checkbox"/> Eczema   | <input type="checkbox"/> Hyperactivity ( <i>ADD/ADHD</i> )       | <input type="checkbox"/> Poor Health                       | <input type="checkbox"/> Yeast Infections   |
| <input type="checkbox"/> Caffeine Consumption         | <input type="checkbox"/> Fatty Food Consumption   | <input type="checkbox"/> Hypoglycemia ( <i>low blood sugar</i> ) | <input type="checkbox"/> Pregnant                          | <input type="checkbox"/> other please specify:<br>_____   |
| <input type="checkbox"/> Caffeine Sensitivity         | <input type="checkbox"/> Fibromyalgia   | <input type="checkbox"/> IBS ( <i>Irritable-Bowel Syndrome</i> ) | <input type="checkbox"/> Psoriasis                         |   |
| <input type="checkbox"/> Calcium Deficiency           | <input type="checkbox"/> Gall Bladder Disease   | <input type="checkbox"/> Infections                              | <input type="checkbox"/> Recent Surgery                    |   |
| <input type="checkbox"/> Cancer ( <i>type</i> ) _____ | <input type="checkbox"/> Gall Stones  | <input type="checkbox"/> Insomnia ( <i>unable to sleep</i> )     | <input type="checkbox"/> Respiratory / Breathing Disorders |   |
| <input type="checkbox"/> Candida / Thrush             | <input type="checkbox"/> Gas  | <input type="checkbox"/> Iron Deficiency                         | <input type="checkbox"/> Sinus Problems                    |   |
| <input type="checkbox"/> Cellulite Accumulation       | <input type="checkbox"/> Gout   | <input type="checkbox"/> Kidney Disease                          | <input type="checkbox"/> Skin Disorder                     |   |
| <input type="checkbox"/> Chronic Fatigue              | <input type="checkbox"/> Hay fever  | <input type="checkbox"/> Kidney Stones                           | <input type="checkbox"/> Sleep Apnea                       |   |

Health Goal:

\_\_\_\_\_ Out of Pain                      \_\_\_\_\_ Fix the Problem                      Better Quality of Life: \_\_\_\_\_

**Biological Age vs. Chronological Age:**

- Using the Creating Wellness Quotient scale (below), place an (X) on the scale where you think you are right now.
- Place a circle (O) on the scale where you would like to be.
- How long do you think it will take you to achieve this result? \_\_\_\_\_



\*Allergies \_\_\_\_\_

**Please list Medications by Specific Drug Name and other comments below:**

---



---



---



---



---

**Thank you for your assistance in determining your treatment plan.**